



BOYS & GIRLS CLUB
OF ROCHESTER



Celebrating a new partnership between three Rochester mentoring organizations—Bolder Options, Boys & Girls Club and Y Mentors.

It has been proven over and over again that all youth, especially those who face significant challenges, benefit from having more than one caring adult to focus on their needs and guide them toward a successful future.

By working together, our partnership maximizes limited resources and helps us reach a larger percentage of the youth who need us most. Each of our programs provides mentoring services in a unique way. Please read the program descriptions in this brochure and consider becoming a mentor. We hope to see you at the Big Party Downtown on September 10.

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BOYS & GIRLS CLUB OF ROCHESTER

The Boys & Girls Club of Rochester provides guidance-oriented youth development programs on a daily basis for children 6–18 years old. The Club operates 5 days a week, 12 months a year offering a broad range of programs in these five core areas: Character & Leadership Development, Education & Career Development, Health & Life Skills, Sports, Fitness & Recreation and The Arts.

We are dedicated to ensuring youth have greater access to quality programs and services that will enhance their lives and shape their futures.

The Boys & Girls Club needs site-based mentors who will develop relationships with youth as they take part in formal and informal Club activities. Be an active role model in a child's life. The rewards will be great for both you and your mentee.

For more information, call (507) 287-2300 or visit www.bgclubroch.org.

BOLDER OPTIONS

Bolder Options is an activity-based mentoring program that serves 10-14 year old youth. Our youth participate in running with their mentors, and also focus on academics, community service and healthy lifestyle choices. We ask mentors and youth to commit to weekly contact over the course of one year. Youth served are Rochester residents and are referred by a professional such as a probation officer or school staff due to some challenging behaviors. Bolder Options helps them to set goals, achieve success and make healthy choices for themselves.

For more information, call (507) 993-3727 or visit www.bolderoptions.org.

Y MENTORS

Be a Mentor...Make a Difference

Y Mentors is a community based mentoring program serving youth grades K-12, with caring adult volunteers. Each adult volunteer is matched with one youth, based on similar interests. To enhance the mentoring experience, Y Mentors provides on-going support, free monthly activities, and community and YMCA resources to foster long-term quality relationships. Our mentors offer their friendship and guidance to build a healthy mind, body and spirit in their mentee. We serve 150 youth annually and have 60 youth on our waiting list. Find out if one is waiting for you!

For more information, call (507) 287-2401 or visit www.rochfamy.org

